

parents newsletter



1st April 2025

Dear Parents,

Believe it or not, laughing is no joke! Interestingly, children seem to have mastered the art of laughter, giggling their way through life with an astounding average of 300 laughs per day. Meanwhile, adults often find themselves caught up in the seriousness of life, laughing far less frequently. The science behind laughter is significant and remarkably, more than 65 species have been found to laugh. Babies laugh before they learn to speak and laughter has the ability to soothe our whole body helping us to sleep, relax, improve our immunity and generally feel much better and more positive. In short, life is better when we can laugh.

Children possess an innate ability to find joy in the simplest of things. Their laughter is spontaneous, infectious, and often uncontrollable. Whether it's a funny face, a playful game, or a silly joke, children are quick to burst into laughter. Their carefree nature allows them to embrace laughter as an integral part of their daily lives. As we grow older, the demands and responsibilities of adulthood tend to overshadow the carefree laughter of our youth, but today I am encouraging you to giggle away! Whether you are reading to your child, sharing a silly joke, watching your favourite comedian, or a surprised chicken jump in the air, on social media, embrace the infusion of laughter into your life. Go on – you know you want to know why the cactus wasn't invited to hang out with the mushrooms!

Christine Davy
Headteacher

Active Wear For Active Children

Whether children are running around the playground, attempting a handstand or riding their bike to school, gingham playsuits and shorts are a practical and smart addition to their summer wardrobe.

Summer Fun

Brooklands has a large playing field and after the Easter break we look forward to enjoying this outdoor space at breaktimes.

Ewe Will We See?

Our children have been learning about livestock through the opportunity to experience farming first hand, by caring for a ewe and her lamb on our school grounds last week.

Gliding And Paddling

We are always keen for our children to try new things and with this in mind, we are pleased to announce that our Year 6 children have been given the opportunity for a further year to take part in taster kayaking and sailing sessions at Manningtree.

Climbing Adventures

Another new adventure for our children to experience. We will be bringing the thrill of climbing to Brooklands with our mobile climbing wall hire.

Buckets At The Ready

For our youngest children, Beach School will begin in the next few weeks. We'd like to extend our thanks to Manningtree Town Council for use of its beach. As well as the many volunteers (including parents of children in other year groups) who are getting behind this amazing opportunity. Our children will be doing many exciting things including: beachcombing, minibeast hunting in the sand and mud dipping in the saltmarsh.

To-wit-to-wool!

Our Year 3 children (Barn Owl Class) will be taking part in an owl conservation project involving working in partnership with wildlife charities and local landowners (farmers) to increase the owl population in the area. Our children will identify sites to install owl boxes and increase their knowledge of owls.

Designed Space For The Senses

We have recently created a Sensory Room to benefit our children, but especially those with autism, ADHD, sensory processing disorders, anxiety or other special needs. The room includes: a striking bubble wall with colour changing LED lights, comfortable seating with large beanbags and cushions, a swing, tactile floor tiles to name a few.